



Herbal Guides Book List

1. **Edible and Medicinal Plants of the West** by Gregory L. Tilford
2. **Medicinal Plants—of the Mountain West** by Michael Moore
3. **Edible Wild Plants—a North American Field Guide** by Thomas S. Elias & Peter A. Dykeman
4. **The Complete Book of Herbs—a Practical Guide to Growing and Using Herbs:** by Lesley Bremness
5. **Wild Plants of the Pueblo Province** by William W. Dunmire & Gail D. Tierney